

Bumble and Bustle's Tea Steeping Cheat Sheet

	<i>Caffeine</i>	<i>Antioxidants</i>	<i>Steeping Temperature</i>	<i>Steeping Time</i>
<i>White Tea</i>	LOW	HIGH	160 DEGREES	7 MINUTES
<i>Green Tea</i>	MEDIUM	MEDIUM	180 DEGREES	4 MINUTES
<i>Black Tea</i>	HIGH	LOW	195 DEGREES	3 MINUTES

||| Bumble and Bustle |||